

What is the UKCPA/ GHP Mentoring Database?

This is a database that helps to match mentors and mentees—it contains resources to help guide the mentoring process.

The database has been developed by the Leadership Development Group—the first joint group of the United Kingdom Clinical Pharmacy Association and the Guild of Healthcare Pharmacists—and is available to all registered pharmacists and technicians.

To find out more please
visit the website at
www.pharmentor.nhs.uk

UKCPA/GHP Mentoring Database





The UKCPA/GHP Mentoring Database

The UKCPA/GHP Leadership Development Group hosts a pharmacist mentoring database. This database, located at www.pharmentor.nhs.uk, is aimed at all pharmacists who feel they would benefit from a mentor, or who are willing to become a mentor.

What is mentoring?

Mentoring offers a valuable and impartial source of advice and support from someone who can help you find solutions to problems. An effective mentoring partnership can provide you with:

- improved understanding of work issues and different approaches to dealing with them
- a sounding board for ideas
- knowledge from someone in a similar role
- opportunities for self-reflection
- a chance to focus on priorities
- an increase in confidence

Are you interested in:

- self-development and learning?
- working on development issues with someone more senior?
- helping to change the culture of pharmacy within the NHS?

...and are you:

- open-minded and willing to be challenged?
- willing to question and challenge in turn?
- prepared to engage in a learning dialogue between 4 and 12 times over a year?

Or are you someone who is:

- is in a position where their knowledge or experience of the organisation, or a subject may be valuable to others?
- is prepared to listen and learn from others about their issues?
- is available to support someone being mentored through listening, giving advice, problem solving, challenging and guiding?
- is interested in his/her development and the development of others?
- prepared to give their time voluntarily?
- has received mentoring training, or has significant experience?

Does this sound interesting and would you like to learn more about what mentoring can do for you?

The UKCPA/GHP database is a web-based tool that can help.

Go to www.pharmentor.nhs.uk and you can:

1. Browse through or download resources about mentoring and being a mentee.
2. Register and help others as a mentor.
3. Add details of what you are looking for in a mentee and get contact details of people who may be the mentor you are looking for (remember, the more registered mentors, the greater the choice mentees will have)!